

Planning for Healthy Cities

CRN 55417

Department of Urban and Regional Planning
Lecture Monday and Wednesday

Lab Friday

1:00 pm–1:50 pm

Temple Buell Hall, Room 225, 227

Credit Hours: 3

Mary Edwards, Professor

Who Should Take the Course

- It is intended for junior and senior undergraduates in urban planning or related fields with interests in public health issues and the impacts of urban form on human health.



What's it All About

- This course explores the evolving role of health in urban planning. Historical and current theories on the relationship between public health and the built environment are highlighted, as are prescriptions for healthy urban design. Community health planning, health disparities and the needs of special populations in the city are also examined, along with some of the major policy issues affecting urban health care today.

What You Will Learn

By the end of this course, students will be able to:

- Understand the ways in which the built environment influences health
- Identify planning practices that promote healthy communities
- Understand how health data influences planning decisions
- Develop strategies for integrating health policy goals into planning processes

What You Will Do

The course includes both lecture and discussion. Friday sessions are devoted to discussions and hands-on assignments, including conducting sidewalk assessments, safety audits and evaluating your own hometowns on health and safety criteria.



The Instructor

Mary Edwards is an assistant professor with the Department of Urban and Regional Planning. Her teaching responsibilities include courses in state and local finance, healthy cities and urban and regional theory. Her primary research interests are in land use planning and policy, including annexation policies and procedures and the relationship between land use and local finance.