

Instructor: Mary Edwards
Office: M204, Temple Buell Hall
Office Hours: Tuesday, 4-5pm or by appointment
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Lecture: T, Th 2-3:30 (Room 225)

Course Description:

This course explores the evolving role of health in urban planning. Historical and current theories on the relationship between public health and the built environment are highlighted, as are prescriptions for healthy urban design. Community health planning, health disparities and the needs of special populations in the city are also examined, along with some of the major policy issues affecting urban health care today.

Learning Objectives:

By the end of this course, students will be able to:

- Understand the ways in which the built environment influences health.
- Identify planning practices that promote healthy communities.
- Understand how health data influences planning decisions.
- Develop strategies for integrating health policy goals into planning processes.

Requirements:

The course requirements are listed below. Participation and attendance is also part of your final grade. You are expected to attend class regularly. The class participation grade will be based on both class participation and random attendance taking.

Grades will be assigned as follows:

Assignments:

Policy Memo	15%
Reflective Essays (3)	15%
Policy Debates	5%
Health Assessments (School, Public Space, Sprawl, Activity Log)	30%
Exam I	15%
Exam II	15%
Participation/Attendance	5%

There is one required textbook (available at the bookstore). Additional required readings will be posted on Compass.

Required: Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*. Washington DC: Island Press.

Issues surrounding health and the built environment are matters of continuing debate. Students are encouraged to look for articles on recent developments in health policy in Illinois and other parts of the country and the world in the popular media (newspapers, magazines) and bring them to class. At the beginning of class on every Thursday, we will discuss any articles you have collected. Every student should bring in at least one article for discussion during the semester. This will count as part of your class participation grade.

You will also keep an activity journal for approximately 1 week. In this journal, you will document the places you have walked or biked to and from and critique how the built environment influenced your travel.

Grading Policies:

Assignments are due at the beginning of class on the due date. Late homework assignments will be graded down one letter grade per day (half a letter grade if turned in after class on due date). Several of the homework assignments are in-class assignments, so if you are not in class, you will not receive credit for these assignments without a valid excuse for your absence. It is your responsibility to contact me if you miss an assignment. I will take into consideration assignments that are late due to unforeseeable circumstances.

Transformation of numerical grade to letter grade will be according to the schedule below:

A	93-100	C+	77-79.9
A-	90-92.9	C	73-76.9
B+	87-89.9	C-	70-72.9
B	83-86.9	D+	67-69.9
B-	80-82.9	D	60-66.9

The general grading rubric for assignments is as follows:

An “A” assignment demonstrates original thought and synthesis of ideas and sophisticated, cogent analysis. It is clearly written and presented.

A “B” assignment includes above average analysis with appropriate evidence to support ideas. It is clearly written and presented.

A “C” assignment shows a basic level of understanding, with analysis limited to obvious arguments. Writing is competent. It is adequate work.

A “D” assignment misunderstands or misrepresents the material or is so poorly written that it obscures the analysis. It is inadequate work.

Course Policies:

Cellphones and Laptops: No cell phone use during class. You may use a laptop/tablet in class for taking notes or during specified class related activities. Please be respectful of your peers and the instructor and refrain from using laptops for activities unrelated to class. If I see this happening, I will revise the laptop policy. **Laptops are not permitted when we have a guest speaker.**

Student Conduct: The Department of Urban and Regional Planning (DURP) is committed to creating an environment of inclusion and opportunity that is rooted in the very goals and responsibilities of practicing planners. Conduct that interferes with the rights of another or creates an atmosphere of intimidation or disrespect is inconsistent with the environment of learning and cooperation that the program requires. By enrolling in class in the Department of Urban and Regional Planning, students agree to be responsible for maintaining a respectful environment in all DURP activities, including classes, projects, and extracurricular programs. We will be governed by the University Student Code. See Student Code Article 1—Student Rights and Responsibilities, Part 1. Student Rights: §1-102 [In the Classroom](#).

Academic Integrity: The UIUC Student Code (<http://www.admin.uiuc.edu/policy/code>) requires all students to support academic integrity and abide by its provisions, which prohibit cheating, fabrication, plagiarism, and facilitation of these and related infractions. According to Section § 1-401, “students have been given notice of this rule by virtue of its publication” and “regardless of whether a student has actually read this rule, a student is charged with knowledge of it.” The provisions of the Student Code are applicable to this course. *In written work, all ideas (as well as data or other information) that are not your own must be cited. Plagiarism is an extremely serious offense and violation of any plagiarism guidelines will result in a failing grade at the very least.*

Disability Services: This course will accommodate students with documented disabilities. Please refer to the Disability Resource Guide (<http://www.disability.uiuc.edu/resourceguide>) for more information and inform the instructor of any requests at the beginning of the semester.

Attendance: Class attendance is expected of all students at the University of Illinois, however instructors must reasonably accommodate a student’s religious beliefs, observances, and practices in regard to class attendance and work requirements if the student informs his or her instructor of the conflict within one week after being informed of the attendance or work requirements.

University Services: The University has a variety of services available to students to assist in times of need. The Counseling Center is committed to providing a range of services intended to help students develop improved coping skills in order to address emotional, interpersonal, and academic concerns. The Counseling Center provides individual, couples, and group counseling. All of these services are paid for through the health services fee. The Counseling Center offers primarily short-term counseling, but they do also provide referrals to the community when students could benefit from longer term services.

<https://counselingcenter.illinois.edu/>

UP 340– FALL 2017 SUMMARY SCHEDULE OF SESSIONS

SESSION	WEEK	DATE	DAY	Topic
1	1	Aug. 29	T	Introduction to the course
2	1	Aug. 31	Th	<i>Designing Healthy Communities: Retrofitting Suburbia</i>
3	2	Sep. 5	T	Historical Perspectives
4	2	Sep. 7	Th	Promoting Physical Activity/ Reflection Due
5	3	Sep. 12	T	Walk Audit
6	3	Sep. 14	Th	APA Illinois Annual Conference in Naperville, Illinois
7	4	Sep. 19	T	<i>A Place at the Table</i>
8	4	Sep. 21	Th	Food Environments
9	5	Sep. 26	T	Active Commuting to School, Gabe Lewis, CCRPC/ Reflection Due
10	5	Sep. 28	Th	Active Living for Children
11	6	Oct. 3	T	Community Engagement in Health/ Public Space Observation Due
12	6	Oct. 5	Th	Local Initiatives, Lacey Rains Lowe, City of Champaign
13	7	Oct. 10	T	Mental Health/ School Assessment Due
14	7	Oct. 12	Th	Social Capital
15	8	Oct. 17	T	Exam 1
16	8	Oct. 19	Th	Resiliency to Disasters, Chapter 16, Rob Olshansky, DURP
17	9	Oct. 24	T	<i>Unnatural Causes: In Sickness and in Wealth/Policy Memo Due</i>
18	9	Oct. 26	Th	Vulnerable Populations
19	10	Oct. 31	T	Sprawl and Health/ Reflection Due
20	10	Nov. 2	Th	Bike Audit
21	11	Nov. 7	T	Contact With Nature
22	11	Nov. 9	Th	Local Initiatives, Kara Dudek, Urbana Park District/ Sprawl Memo Due
23	12	Nov. 14	T	<i>Designing Healthy Communities: Searching for Shangri-La</i>
24	12	Nov. 16	Th	Injuries and the Built Environment/ Activity Log Due
25	13	Nov. 28	T	Policy Debates
26	13	Nov. 30	Th	Policy Debates
27	14	Dec. 5	T	Measuring and Assessing the Built Environment
28	14	Dec. 7	Th	Exam 2
29	15	Dec. 12	T	The future of the healthy city
30	15	Dec. 14	Th	Reading Day

Topics and Required Readings

WEEK 1, August 29, 30 —

Neighborhoods and Health

Robert Wood Johnson Foundation, Commission to Build a Healthier America, *Where We Live Matters for Our Health: Neighborhoods and Health*. Issue Brief 3, September 2008.

WEEK 2, September 5, 7 ---

Historical Perspectives

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 1.

Garb, Margaret. 2003. Health, Morality and Housing: The Tenement Problem in Chicago. *American Journal of Public Health*. 93, 9.

Promoting Physical Activity

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 2.

WEEK 3, September 12, 14 ---Assessing the Built Environment: Walkability Audit

WEEK 4, September 19, 21 —

Food Environments

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 3.

WEEK 5, September 26, 28 —

Active Living for Children

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 14.

Guest Speaker: Gabe Lewis, Transportation Planner, CCRPC (September 26)

WEEK 6, October 3, 5 —

Community Engagement

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 19.

Guest Speaker: Lacey Rains Lowe, City of Champaign

WEEK 7, October 10, 12—

Mental Health and Social Capital

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 7 and 8.

Morris, Eric and Deirdre Pfeiffer. 2016. Who Really Bowls Alone? Cities, Suburbs and Social Time in the United States. *Journal of Planning Education and Research*.

WEEK 8, October 17, 19—

Exam 1 (October 17)

Resiliency to Disasters

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 16.

Klinenberg, Eric. 2013. Adaptation: How cities can be “climate-proof.” *The New Yorker*, Jan. 7.

Guest Speaker: Rob Olshansky, Professor, DURP (October 19)

WEEK 9, October 24 and 26—

Vulnerable Populations

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 9 and 23.

Northridge, M and Freeman. 2011. Urban Planning and Health Equity. *Journal of Urban Health*, 88:3.

WEEK 10, October 31 and November 2 ---

Sprawl and Health

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 10.

WEEK 11, November 7, 9 ---

Contact with Nature

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 15.

Guest Speaker: Kara Dudek, Urbana Park District

WEEK 12, November 14, 16—

Injuries and the Built Environment

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 5.

WEEK 13, November 28, 30— Policy Debates

WEEK 14, December 5, 7 ---

Measuring Healthy Places

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 20.

Dannenberg, et al. 2008. Use of Health Impact Assessment in the US: 27 case studies, 1999-2007. *American Journal of Preventive Medicine*, 34, 3.

Exam 2 (December 7)

WEEK 15, December 12, 14—

The Future of the Healthy City

Dannenberg, Andrew L., Howard Frumkin and Richard J. Jackson (eds). 2011. *Making Healthy Places: Designing and Building for Health, Well-being and Sustainability*, Chapter 24.